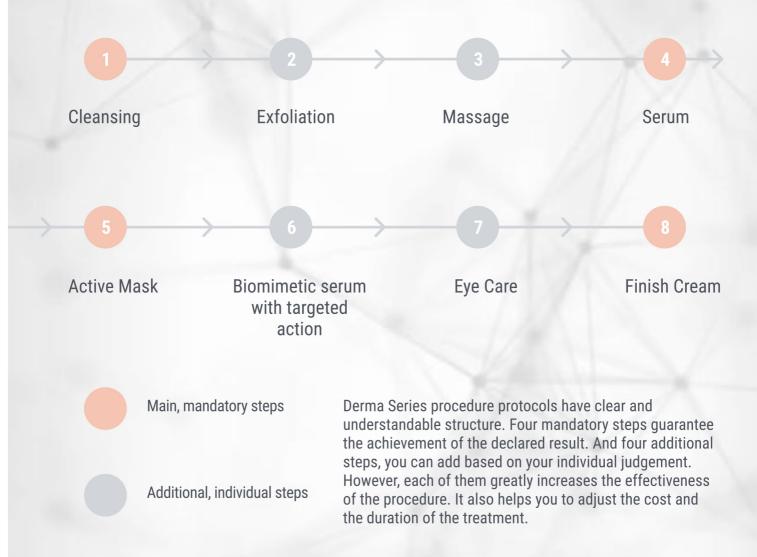


PROCEDURE PROTOCOLS



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SEBOREGULATION

SEBOREGULATING CARE FOR OILY PROBLEM SKIN WITH DEEP PORE CLEANSING

Complex care (includes comedones extraction) that restores skin sebum balance and eliminates external manifestation of sebaceous glands hypersecretion (oily shine, enlarged pores, hyperkeratosis).



Maximum duration of the 8-step procedure with deep pore cleansing:

1 hour and 40 minutes



Mandatory step of the 4-step procedure



Additional step of the 8-step procedure

INDICATIONS:

- · Increased sebum activity
- · Numerous comedones
- Inflammatory elements
- Oily shine
- Enlarged pores
- Hyperkeratosis

CONTRAINDICATIONS:

· Acne at active stage

1

CLEANSING

Clean face and neck area with P171 ULTRA-NORM CLEANSING GEL. Distribute over the skin with light massage movements, then wash off. For toning use P175 ULTRA-NORM REFRESHING TONIC.

2

EXFOLIATION

Apply 4 мл of P200 SOFT-PEELNIG ENZYME MASK in a dense layer to the face and neck area. Leave it for 10 minutes. Rinse thoroughly with warm water. Tonify the skin.

3

DEEP PORE CLEANSING

Apply 6 ml of P100 DEEP CLEANSING JELLY-MASK under a film and leave for 10 minutes. Afterwards remove the film in segments and the rest of the mask with a dry sponge. Deep pore cleansing can be made mechanically or with a special equipment.

4

SERUM

Apply 2 ml of P176 TOTAL OIL-CONTROL SERUM gently to the face and neck area. Leave it for 2-3 minutes until completely absorbed.

On the inflammatory elements apply P213 LOCAL SOS-SOLUTION. Shake before using! The effect can be intensified by using of darsonval.

5

ACTIVE MASK

To tighten pores and for additional antiseptic & calming effect apply 6 ml of P212 SEBO-NORM MASK in a dense layer. Leave it for 10-15 minutes. Remove the remains of the mask with a wet napkin. Tonify the skin.

6

BIOMIMETIC SERUM WITH TARGETED ACTION

Choose one of the biomimetic serums or one of the conductive serums as indicated. Apply to the face and neck area. Leave it for 2-3 minutes until completely absorbed.

7

EYE CARE

Apply P204 MATRIX EYE CREAM to the eye area.

8

FINISH CREAM

Apply P221 LIPID BALANCING LIGHT CREAM gently to the face and neck area.

In case of postinflammatory or posttraimatic hyperpigmentation choose P111 4-SYNERGY BRIGHTENING CREAM azelaic acid 10%



ANTI-AGE LIFT CARE

LIFTING ANTI-AGE CARE WITH INDIVIDUAL CORRECTION OF AGE-RELATED MANIFESTATIONS

The most popular anti-age lifting treatment today! Effective stimulation of the dermis and its components, as well as activation and maintenance of all regenerative processes in the skin.



Maximum duration of the 8-step procedure: 1 hour



Mandatory step of the 4-step procedure



Additional step of the 8-step procedure

INDICATIONS:

- · Strongly marked tissues ptosis
- Swelling
- · Skin sagging

CONTRAINDICATIONS:

High sensitivity to temperature fluctuation

1 CLEANSING

Clean the face and neck area with P172 COMFORT CLEANSING MOUSSE. Distribute over the skin with light massage movements. Wash off with warm water. Then use P174 CALMING TONIC.

2 EXFOLIATION

Apply 4 мл of P200 SOFT-PEELNIG ENZYME MASK in a dense layer to the face and neck area. Leave it for 5-7 minutes. Dissolve with light massage movements and then rinse thoroughly with water. Tonify the skin.

3 MASSAGE

Massage using P102 SILVERY MASSAGE GEL. Texture of the gel allows a massage lasting up to 40 minutes. Remove the remains with a wet napkin. Tonify the skin.

4 SERUM

Apply 2 ml of P185 3D-LIFT SERUM to the face and neck area. Leave it for 2-3 minutes until completely absorbed.

5 ACTIVE MASK

Prepare P131 POLYPEPTIDE ALGAE MASK: mix 30 g of powder and 90 ml of warm water (45°C) to create a homogeneous mixture. You can vectorize the mask polymerization and intensify lifting with gauze bandage. Apply the mask with a spatula to the face area, if needed you can also cover eye and mouth areas. Leave the mask for 20-30 minutes. Remove it as one piece. Then remove the remains of the mask with a wet napkin. Tonify the skin.

BIOMIMETIC SERUM WITH TARGETED ACTION

Choose one of the biomimetic serums or one of the conductive serums as indicated. Apply to the face and neck area. Leave it for 2-3 minutes until completely absorbed. Of your choise:

P219 VITA-ACTIVE PEPTIDE SERUM P105 LUXE-AGE GOLD FILL SERUM

P117 ANTI-WRINKLE SERUM P178 ANTI-RED CALMING SERUM

P116 BRIGHTENING ALPAFLOR SERUM

P223 HPR SERUM

M126 CONDUCTIVE LIFT-BOOSTER
M127 CONDUCTIVE AQUA-BOOSTER

M128 CONDUCTIVE CALM-BOOSTER

7 EYE CARE

Apply P204 MATRIX EYE CREAM to the eye area.

8

6

FINISH CREAM

Apply P194 RENEW LIFTING CREAM gently to the face and neck area.



BIOREVITALIZATION & MOISTURIZING

MOISTURIZING BIOREVITALIZING CARE WITH A MIO RELAX EFFECT

This care provides intensive skin hydration, smoothes wrinkles, promotes natural skin hydro-reserve ability, protection and comfort.



Maximum duration of the 8-step procedure: 50 min



Mandatory step of the 4-step procedure



Additional step of the 8-step procedure

INDICATIONS:

- Skin dehydration
- Preparation for biorevitalization or prolongation of its effect
- · First signs of aging
- · Fine lines and wrinkles

CONTRAINDICATIONS:

Acne at active stage

CLEANSING

Clean the face and neck area with P172 COMFORT CLEANSING MOUSSE. Distribute over the skin with light massage movements. Wash off with warm water. Then use P174 CALMING TONIC.

EXFOLIATION 2

Apply 4 мл of P200 SOFT-PEELNIG ENZYME MASK in a dense layer to the face and neck area. Leave it for 5-7 minutes. Dissolve with light massage movements and then rinse thoroughly with water. Tonify the skin.

3 **MASSAGE**

> Massage using P102 SILVERY MASSAGE GEL. Texture of the gel allows a massage lasting up to 40 minutes. Remove the remains with a wet napkin. Tonify the skin.

4

Apply 2 ml of P117 ANTI-WRINKLE SERUM gently over the face and neck area. Leave it for 2-3 minutes until completely absorbed

5 **ACTIVE MASK**

> Prepare P208 ANTI-WRINKLE MASK: mix 30 g of powder and 90 ml of water to create a homogeneous mixture. Apply the mask with a spatula to the whole face area (including eye area) and leave the mask for 20 minutes. Remove it as one piece. Tonify the skin.

It is recommended to apply P135 HYDRA-HELP MASK as a screen under the alginate mask.

BIOMIMETIC SERUM WITH TARGETED ACTION

Choose one of the biomimetic serums or one of the conductive serums as indicated. Apply to the face and neck area. Leave it for 2-3 minutes until completely absorbed. Of your choise:

P219 VITA-ACTIVE PEPTIDE SERUM

P185 3D-LIFT SERUM

P178 ANTI-RED CALMING SERUM

P105 LUXE-AGE GOLD FILL SERUM

P116 BRIGHTENING ALPAFLOR SERUM

P223 HPR SERUM

M126 CONDUCTIVE LIFT-BOOSTER

M127 CONDUCTIVE AQUA-BOOSTER

M128 CONDUCTIVE CALM-BOOSTER

7 **EYE CARE**

Apply P204 MATRIX EYE CREAM to the eye area.

8

6

FINISH CREAM

Apply P190 CALMING LIGHT CREAM gently to the face and neck area.

This comprehensive care restores the skin's lipid barrier, prevents moisture loss, vitaminizes the skin and fills it with essential polyunsaturated fatty acids.

- Maximum duration of the 8-step procedure: 1 hour
- Mandatory step of the 4-step procedure
- Additional step of the 8-step procedure

INDICATIONS:

- Thinning skin
- Loss of tone
- Dry skin
- Prophylactics during autumn-winter period for all skin types

CONTRAINDICATIONS:

· Acne at active stage

1 CLEANSING

Clean the face and neck area with P173 CALMING MILK. Distribute over the skin with light massage movements. Wash off with warm water. Then use P174 CALMING TONIC.

2 EXFOLIATION

Apply 4 мл of P200 SOFT-PEELNIG ENZYME MASK in a dense layer to the face and neck area. Leave it for 5-7 minutes. Dissolve with light massage movements and then rinse thoroughly with water. Tonify the skin.

3 MASSAGE

Massage using P102 SILVERY MASSAGE GEL. Texture of the gel allows a massage lasting up to 40 minutes. Remove the remains with a wet napkin. Tonify the skin.

4 SERUM

6

Apply 2 ml of P219 VITA-ACTIVE PEPTIDE SERUM gently over the face and neck area. Leave it for 2-3 minutes until completely absorbed.

5 ACTIVE MASK

Apply a thick layer of 10 ml of P189 SOFT BALANCE CLAY Mask, a nourishing balancing mask with brightening and softening effect. It provides a nourishing and restorative effect for all skin types. Exposure time is 10-15 minutes, then wash it off with warm water and tone the skin.

BIOMIMETIC SERUM WITH TARGETED ACTION

Choose one of the biomimetic serums or one of the conductive serums as indicated. Apply to the face and neck area. Leave it for 2-3 minutes until completely absorbed. Of your choise:

P185 3D-LIFT SERUM

P117 ANT-WRINKLE SERUM

P178 ANTI-RED CALMING SERUM

P105 LUXE-AGE GOLD FILL SERUM

P116 BRIGHTENING ALPAFLOR SERUM

P223 HPR SERUM

M126 CONDUCTIVE LIFT-BOOSTER

M127 CONDUCTIVE AQUA-BOOSTER

M128 CONDUCTIVE CALM-BOOSTER

7 EYE CARE

Apply P204 MATRIX EYE CREAM to the eye area.

8 ЗАВЕРШАЛЬНИЙ КРЕМ

Apply P194 RENEW LIFTING CREAM gently to the face and neck area.



BRIGHTENING

BRIGHTENING REGENERATING CARE FOR THE CORRECTION OF PIGMENTATION OF VARIOUS GENESIS

The brightening regenerating care strengthens the skin barrier, restores the balance of fatty acids, protecting the skin from the environment. It evens out skin tone, addresses existing pigmentation, controls melanogenesis, and prevents the appearance of new pigment spots.



Maximum duration of the 8-step procedure: 1 hour



Mandatory step of the 4-step procedure



Additional step of the 8-step procedure

INDICATIONS:

- Uneven relief and skin tone
- Pigmentation of various genesis (including post-acne)
- Signs of dehydration
- Hyperkeratosis

CONTRAINDICATIONS:

· Acne at active stage

1 CLEANSING

Cleanse the skin of the face and the neck with P173 CALMING MILK. Distribute over the skin with light massage movements. Wash off with warm water. For toning, use P174 CALMING TONIC.

If the skin is prone to oiliness, use P171 ULTRA-NORM CLEANSING GEL and P175 ULTRA-NORM REFRESHING TONIC

2 EXFOLIATION

Apply 4 мл of P200 SOFT-PEELNIG ENZYME MASK in a dense layer to the face and neck area. Leave it for 5-7 minutes. Dissolve with light massage movements and then rinse thoroughly with water. Tonify the skin.

3 MASSAGE

Massage using P102 SILVERY MASSAGE GEL. Texture of the gel allows a massage lasting up to 40 minutes. Remove the remains with a wet napkin. Tonify the skin.

4 SERUM

5

8

Apply 2 mk of P116 BRIGHTENING ALPAFLOR SERUM, which contains a complex of alpine herbs, lecithin and hyaluronic acid, to the entire surface of the face. Distribute it along the massage lines and leave for 2-3 minutes until complete absorption.

ACTIVE MASK

Apply a thick layer of 10 ml of P189 SOFT BALANCE CLAY MASK, a nourishing balancing mask with brightening and softening effect. It provides a nourishing and restorative effect for all skin types. Exposure time is 10-15 minutes, then wash it off with warm water and tone the skin.

6 SERUM WITH TARGETED ACTION

P223 HPR SERUM with Grandactive Retinoid 2% – Regenerating serum with retinol.

If there are contraindications to retinol – P107 RENEWING ENZYM AHA SERUM – Enzyme regenerating serum with AHA acids.

In severe situations, if hyperpigmentation exists for more than six months, we can prescribe the simultaneous use of these two serums – to maintain tissue hydration, renewal and regeneration.

7 EYE CARE

Apply P204 MATRIX EYE CREAM to the eye area.

FINISH CREAM

Choose according to indications:

- P114 REVIT AHA CREAM – Reactivating vitaminized cream with glycolic acid 15% for the correction of
 hyperpigmentation and age-related changes caused by hormonal disorders or any other origins. This is a very
 bioavailable product that will work with deep hyperpigmentation, additionally it will strengthen blood vessels.
- P111 4-SYNERGY BRYTHENING CREAM Brightening light cream with azelaic acid 10% for oily skin. For correction of post-inflammatory and post-traumatic hyperpigmentation, and normalization of sebaceous glands.



General recommendations:

- Prepare the skin with pre-peeling care
- Exposure time of the peel in the first procedure no more than 3 minutes
- In next procedures increase the exposure time gradually up to 7 minutes maximum
- Control the peel intensitivity: for gel peelings with exposure time, for liquid peelings - with the number of layers applied

INDICATIONS:

- Aging skin
- Photodamage, hyperpigmentation, dyschromia
- Oily skin, acne
- · Couperose, rosacea

CONTRAINDICATIONS:

· Pregnancy, lactation



Duration of the procedure: 30-40 minutes

1	CLEANSING Clean the skin with P171 ULTRA-NORM CLEANSING GEL. Then degrease the skin and lower the pH with M303 PRE-PEEL LOTION AHA&BHA for deeper and more even acid penetration. For reactive and sensitive skin, we recommend just toning the skin with P174 CALMING TONIC
2	PEEL APPLICATION (AS PRESCRIBED) Prepare 1.5 ml of peeling from PEEL-EXPERT – as indicated to the patient. Use a brush to apply the product evenly over the face. The intensity of the effect is controlled by the exposure time or the number of layers, depending on the skin preparation and the number of treatments in the course. Exposure time for the first use is 3 minutes. In following treatments, you can increase the exposure time up to 10 minutes depending on the condition of the patient's skin. Remove excess acids with wet sponges, then neutralize the acid remains using a cotton pad with M311 NEUTRALIZER. The neutralizer's remains should also be removed from the skin surface with wet sponges.
3	REVITALIZING MASK Apply P135 HYDRA-HELP MASK with gentle massage movements. It will instantly eliminate irritation, restore skin pH and create optimal conditions for cell regeneration. Exposure time is 10-15 min. Do not wash off the remains of the mask, just soak it with a dry napkin
4	SPF-PROTECTION At the end of the peel procedure, be sure to use H218 SUN-BLOCK EMULSION SPF50 or H210 CREAM-PROTECTOR SPF30.

Comprehensive anti-age care to smooth wrinkles, even skin tone, and increase its elasticity. Activation of regenerative processes in the skin and synthesis of the structural components of the dermis leads to skin thickening and increasing its elasticity



Maximum duration of the 8-step procedure: 1 hour



Mandatory step of the 4-step procedure



Additional step of the 8-step procedure

INDICATIONS:

- · Type of aging with fine wrinkles
- · Signs of photoaging
- Hyperpigmentation of any genesis
- · Fatigue and atonicity of the skin

CONTRAINDICATIONS:

· Acne at active stage

1 CLEANSING

Clean the face and neck area with P173 CALMING MILK. Distribute over the skin with light massage movements. Wash off with warm water. Then use P174 CALMING TONIC.

2 EXFOLIATION

Apply 4 ml of P200 SOFT-PEELNIG ENZYME MASK in a thick layer to the face and neck area. Leave it for 7-10 minutes. To intensify the effect, cover the mask with a film and then cover with a warm wet towel or napkin. After the exposure, emulsify the mask with light massage movements and rinse thoroughly with water. Tonify the skin.

3 MASSAGE

Massage using P102 SILVERY MASSAGE GEL. Texture of the gel allows a massage lasting up to 40 minutes. Remove the remains with a wet napkin. Tonify the skin.

4 SERUM

Apply 2 ml of P107 RENEWING ENZYM AHA SERUM to the face and neck area. Leave it for 2-3 minutes until completely absorbed.

5

ACTIVE MASK

Prepare P106 LUXE-AGE PEARLY ALGAE MASK mix 30 g of powder and 90 ml of water to create a homogeneous mixture. Apply the mask with a spatula to the face area. Leave the mask for 15 minutes. Remove it as one piece. Then remove the remains of the mask with a wet napkin. Tonify the skin.

6 BIOMIMETIC SERUM WITH TARGETED ACTION

Apply 2 ml of P105 LUXE-AGE GOLD-FILL SERUM to the face and neck area. Leave it for 2-3 minutes until completely absorbed.

7 EYE CARE

Apply P204 MATRIX EYE CREAM to the eye area.

8 FINISH CREAM

Apply P194 RENEW LIFTING CREAM gently to the face and neck area.

EXPRESS-CARE



ENZYME PEEL: EXPRESS CARE

Quick and gentle regeneration of even the most sensitive skin! Gentle exfoliation of the stratum corneum, regeneration, and revitalization of the skin.

The care provides the immediate result and has a prolonged effect

INDICATIONS:

- Pre-peeling preparation
- · Post-peeling care
- The first signs of aging
- Skin atony
- Dull skin complexion



Duration of the procedure: 25-30 minutes

CONTRAINDICATIONS:

· Acne at active stage

1	CLEANSING Clean the face and neck area with P172 COMFORT CLEANSING MOUSSE. Distribute over the skin with light massage movements. Wash off with warm water. Then use P174 CALMING TONIC.
2	EXFOLIATION-PEELING Apply 4 ml of P200 SOFT-PEELNIG ENZYME MASK in a thick layer to the face and neck area. Leave it for 7-10 minutes. To intensify the effect, cover the mask with a film and then cover with a warm wet towel or napkin. After the exposure, emulsify the mask with light massage movements and rinse thoroughly with water. Tonify the skin.
3	SERUM-PEELING Apply 2 ml of P107 RENEWING ENZYM AHA SERUM to the face and neck area. Leave it for 2-3 minutes until completely absorbed.
4	ACTIVE MASK Apply P135 HYDRA-HELP MASK in a thick layer to the face and neck area. Exposure time is 10 minutes. Do not wash off the mask, remove the remains with a dry napkin. Finish cream is optional.

ANTI-HAIR-LOSS TREATMENT

Professional trichological NeoThrix від Reneo Cosmetics

- the line was developed by leading European trichologists and dermatologists
- the optimal set of products for treatment and care effects
- the most effective ingredients in a unique form of delivery the technology of long-term release

To solve the most urgent hair and scalp care problems.

INDICATIONS:

- Alopecia (hair loss)
- Dandruff
- · Oily scalp

1	DIAGNOSTICS Trichoscopy
2	SCALP PEELING Apply H331 SCALP PEELING on dry scalp, along the partings. Exposure time – 2-5 minutes.
3	SHAMPOO Double hair wash with H332 RICH REPAIRING SHAMPOO: apply on scalp, foam, leave for 3 minutes, then rinse with water and repeat the procedure.
4	CONDITIONER Apply H334 RICH REVITALIZING CONDITIONER on wet hair with massage movements. Do not apply on scalp! Exposure time – 2-5 minutes. Then thoroughly wash off with water and dry the hair.
5	MESOTHERAPY Mesotherapy (vascular stage + + cocktail with 5-alpha reductase blockers, vasodilators, vitamins, macroelements and microelements) / PRP treatment.
6	TREATMENT CONCENTRATE Apply H330 ANTI HAIR LOSS CONCENTRATE to dry scalp, along the partings. Do not rinse. To prevent hair loss, prescribe for home care - using 2 times a week. In the course of treatment of alopecia, recommended to use daily at night.